

Hope Physiotherapy Outpatient Clinic Report – October 2008.

The Hope Physiotherapy Outpatient Clinic service was developed over 2008 to provide necessary ongoing rehabilitation to those patients who were unable to fund it themselves. The clinic began admitting patients in October and, with the assistance of funding from the Suubi Trust, the clinic has 20 available appointment slots each month offered to eligible patients free of charge. There is a small budget for equipment and travel expenses associated with patient treatment.

In the month of October, four patients have attended the clinic for which 18 treatment sessions have been completed. Two of these patients have required financial assistance for their travel to and from appointments totalling 70,000UGX. Equipment for rehabilitation has been provided to two of these patients totalling 31,800UGX. Three patients await review at a later date.

Patient Profiles

Christine is a 15 year old girl who suffered extensive burns to her arms, face and torso when the paraffin she was using to light the stove spilt on her clothes and caught alight. She has undergone multiple surgeries including skin grafts and contracture release. We met Christine when she was admitted to the Hope Ward after her most recent contracture release. Christine has severely restricted range of movement and weakness of the muscles at her right shoulder, elbow and neck. She is attending physiotherapy twice a week for rehabilitation. Christine's mother stays at home to look after her brothers and sisters and her father has retired from work in the public service. Christine has recently moved in with her aunt so she can attend a night class in computer skills and hopes to return to school next year. She wishes to be able to return to helping her mother by cooking a meal for her family and fetching water from the well.



Baby Enock was found abandoned and delivered to the Police Station in late September. The police then took him to a local orphanage who brought him to the Hope Ward at IHK with severe malnutrition and undiagnosed cerebral palsy. The medical staff estimate he is around one year old. He has failed to develop functionally and is unable to sit, roll or crawl. His movement is limited as a result of spending too long in one position. He has responded well to feeding and now has more energy and a loud cry. Enock stays at the orphanage with around 90 other children and has attendants who assist with his care and development. He is coming to physiotherapy once a week for treatment and to teach his carers how to facilitate his functional development at home.