

Your Questions Answered

Who is doing the ride?

Brin Berriman, priest in charge (which means “rector” in plain english) of the three Lands End parishes of St Buryan, St Levan and St Sennen. His wife Cheryl is going too. It was her idea.

Why are you doing the ride?

It’s a holiday. Cycle touring is a marvellous way of experiencing the countryside and meeting the people. And since moving to St Buryan, Cheryl has watched all the “end to enders” coming past our front door. That made her want to join in and do this particular trip - before arthritis finally set in!

So it’s not a fund raising event. So why are you inviting people to make a donation to a TB clinic in Uganda?

This is a holiday - it was never intended to be a fund raising event. But when people heard what we were doing, they wanted to sponsor us. Some of them wouldn’t take “no” for an answer. So we decided we would try to find a small project that was doing something worthwhile in the third world, use our trip to publicise it and invite people to make donations to it. We found out about Dr Mark Russell, a local GP who is trying to raise funds to start a TB clinic in Uganda. The more we learned about it, the more enthusiastic we became, so we decided to adopt it as the “good cause” to go with our ride. You can read a lot more about this project on the inside of this leaflet.

How can I make a donation?

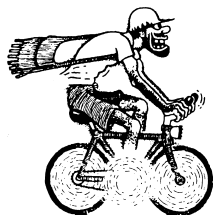
Donations can be handed to Brin or Cheryl when they get back from their trip at the end of September. While they are away, any of the parish clergy (Christine, David and Helen) will be happy to receive donations on their behalf.

Brin and Cheryl can be contacted at

The Rectory, St Buryan, TR19 6BB

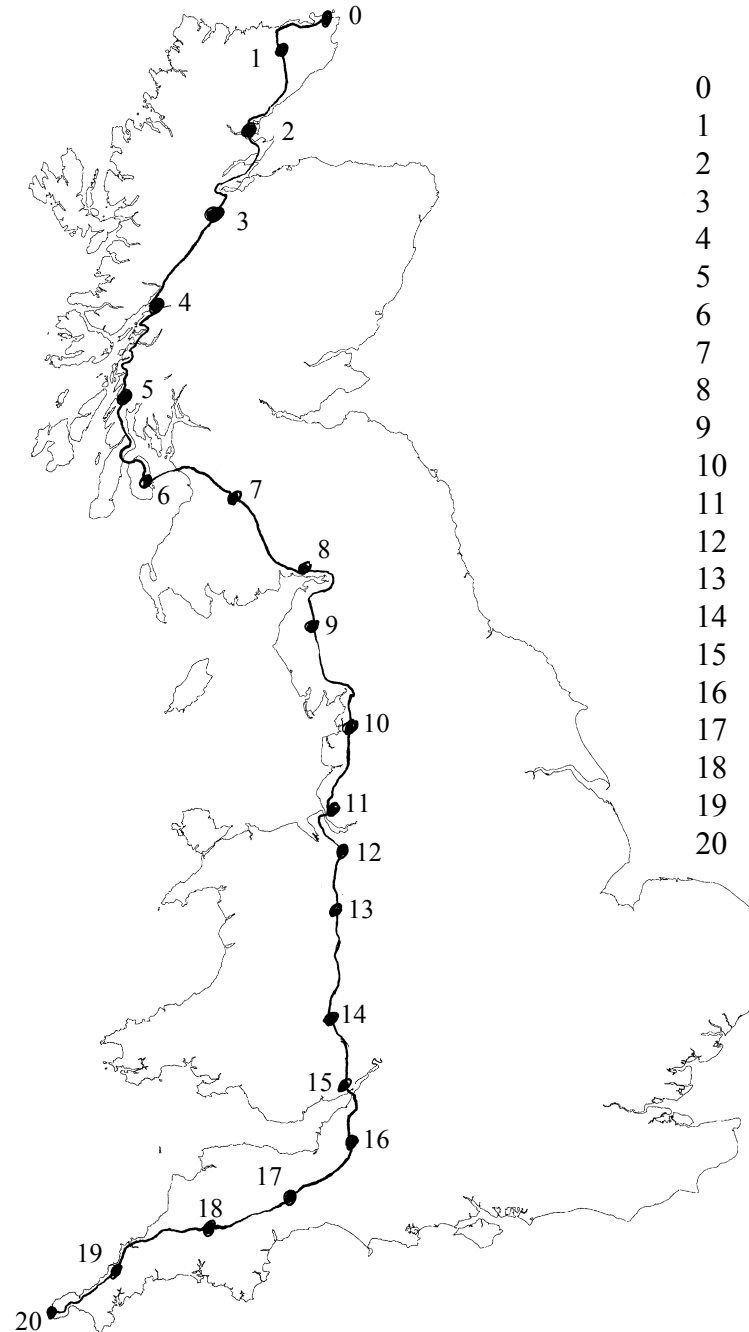
01736 810216

brin@dreckly.net



John O’ Groats to Lands End...dreckly

A cycle ride raising money for a TB lab at the International Hospital, Kampala Uganda



The Route

- 0 John O Groats
- 1 Forsinard
- 2 Dornoch
- 3 Loch Ness
- 4 Corran (nr Fort William)
- 5 Kilmartin
- 6 Isle of Arran
- 7 Farquhar
- 8 Amman
- 9 Grasmere
- 10 Garstang
- 11 Liverpool
- 12 Chester
- 13 Church Stretton
- 14 Haye on Wye
- 15 Chepstow
- 16 Cheddar
- 17 Sampford Peverell
- 18 Launceston
- 19 Perranporth
- 20 Lands End

The Statistics

- 1034 miles (approx)
- 20 days cycling
- 50-60 miles per day
- or at least, that's the plan!*

A NEW TUBERCULOSIS LABORATORY

AT THE INTERNATIONAL HOSPITAL, KAMPALA, UGANDA

Why is the clinic needed?

- TB kills one person every 20 seconds, even though it is preventable and curable.
- TB is a disease of poverty. It affects mostly young adults in their most productive years.
- TB is a worldwide problem, but the highest rates of TB are in Africa.
- AIDS is widely recognised a major health problem in Africa, but in fact half of all HIV positive people who die actually die of TB. Fighting AIDS in Africa means fighting TB, but despite this, local health workers find it much harder to get funding for TB related projects than they they do for those related to AIDS.

Who is running the project?

- Dr Mark Russell worked as a GP in Penzance for a number of years. He has just returned from a year working in Uganda as a VSO volunteer. Because of what he experienced in Uganda, he is committed to establishing a TB clinic in Kampala which is accessible to all of the local people.
- The Suubi Trust has agreed to work with Mark to establish the clinic. The Suubi Trust is a UK registered charity founded to support the work of the International Medical Foundation in Uganda. Suubi is a Ugandan word meaning “Hope”.
- The International Hospital at Kampala has agreed to provide accommodation for the clinic. The first technician there has just finished training to administer the new diagnostic tests.

How will the donations be spent ?

The money raised will go towards the first years running cost of a small microbiology lab. This will enable people to have access to a cheap and reliable test for TB. With this facility for quick and accurate diagnosis, the appropriate drugs can be given to treat TB. In particular, the money will be used for

- Staff salaries. Another local technician needs to be trained. Another doctor from the UK (a chest specialist) will soon be going out to Kampala for a year. Her salary (at the local rate of about £300 per month) needs paying.
- Clinical supplies. As work begins in earnest, more of these will need to be bought.

How can I find out more about the project?

- There are posters and much more detailed information packs in each of the three Lands End churches.
- On the Suubi Trust website at www.suubitrust.org.uk
- On Dr Mark Russell’s internet “blog” which you can find at <http://markandjaninuganda.blogspot.com>

And most importantly of all, how do I make a donation?

Brin and Cheryl will be happy to receive donations when they return from their trip towards the end of September. Contact details overleaf.